

LYMAN C. HUNT HANDBOOK FOR CO-CURRICULAR ACTIVITIES

Welcome to Hunt athletes, guardians, and parents!

In this handbook you will find information relating to the various expectations of our student-athletes. If you have questions after reading this material with your student-athlete please feel free to contact me at wpecor@bsdvt.org or call the Main Office and I will get back to you.

Lyman C. Hunt Middle School acknowledges the significances that co-curricular activities play in providing a more holistic experience for our student-athletes. The co-curricular experience can teach values such as commitment, leadership, hard work, discipline, teamwork, and physical fitness that can be utilized toward our goal of academic growth.

Lyman C. Hunt co-curricular activities follow the Vermont Principals Association guidelines and policies at all of our events. We at Lyman C. Hunt expect all athletes, coaches and spectators to maintain good sportsmanship. Good sportsmanship is identified as the understanding and the commitment to fair play, ethical behavior, and integrity.

As student-athletes you are some of the most visible representatives of Lyman C. Hunt Middle School. Therefore it is very important to model excellent behavior not only during your event but throughout your day. You are expected to show respect to all opponents, coaches, teammates, officials, custodial staff, and parents. Failure to abide by these behavioral expectations will result in the loss of playing time up to, and including, dismissal from the team.

Forms

There are several forms that need to be filled out and sent in to the Athletic Director with the student-athlete. These forms are available by downloading them from this website, your student-athlete will bring them home after the season sign up and informational meeting or they are available in the Hunt main office.

The forms you will need to participate in a co-curricular activity at LC Hunt are:

Lyman C. Hunt Co-Curricular Contract

- Lyman C. Hunt Permission For School Activities/ Transportation Approval
- Sport Health Questionnaire
- Concussion Sport Contract

Attendance

LC Hunt requires regular school attendance of our student-athletes. The individuals playing time will be affected by repeat absences. If the student-athlete misses a practice without the permission of the coach they will be ineligible for the next game. Student

must be in school by 9:30 on game days to be eligible to participate that day.

Academics

The students participating in our co-curricular activities are student-athletes. Therefore academics are placed above participation. To be eligible to participate in co-curricular activities it is important that passing grades are maintained. One F and you will develop an academic plan with the Athletic Director and the teacher where you earned the F. Opportunities such as morning and after school homework help and meeting with teachers before and after school are available to assist the LC Hunt student-athlete achieve their best. Practice may start at 3:15 but students will be excused from practice if they need to get caught up on work or need help to better understand the academic concepts they are working on. If the student is in danger of failing a class, the administration will notify that student of opportunities to bring that grade up to eligibility standards.

Weekly Progress Reports

Each student athlete at LC Hunt from the start of preseason to the completion of that season will present a progress report form to each of their teachers during class on Fridays. A completed progress report will be turned in to the Athletic Director by 3:15 on that Friday. Progress reports are marked by each teacher using the following marks:

+ means the student-athlete is eligible for the following week.

$\frac{1}{2}$ is a warning with one week to bring that mark to a + Two weeks in a row with a $\frac{1}{2}$ in the same subject will make the student-athlete ineligible for the following week.

0 means that that individual has not met their academic responsibilities and is ineligible for the following week.

Planning Room

Starting in pre-season and ending at the conclusion of the season any student-athlete sent to the planning room will have the following consequences.

- First referral- cannot participate in the following contest
- Second referral- one week suspension from that activity
- Third referral- two week suspension from that activity
- Fourth referral- you will be removed from that activity

Cross Country and Track and Field have fewer contests so for the first two referrals they will have event scratches. The third referral will be a one week suspension from the team. The fourth referral will be the dismissal from the team.

Suspensions

- A one day in school suspension or an out of school suspension will result in a one week suspension from that team.
- A two day suspension, or the second one day suspension, ISS or OSS will result

in a two week suspension from that team.

- A three day, or combination of one and two day suspensions, will result in the dismissal from that program.

Tryouts

Lyman C. Hunt offers the following co-curricular activities; Soccer boys and girls, Field Hockey, Cross country (boys and girls), Basketball (boys and girls), Softball, Baseball, and Track and Field (boys and girls). These are interscholastic activities and some cuts may be required to reduce the number of participants to a manageable number based on safety, fiscal resources, equipment, facilities, and coaching staff. The coach's decision regarding the selection will be final. The decisions reached will be consistent with the goals and objectives of our interscholastic program.

Transportation

When available, buses will be provided for away contests. When buses are provided the student is required to travel to and from the contest with the team on the bus.

Practice Times

Because of varied practice times our student- athletes are encouraged to attend after school homework help or an after school program. They may not wait in the school building or grounds unsupervised. Students who are continually reminded of this will put their playing time in jeopardy.

Injuries

The protocol for injuries to LC. Hunt student- athletes requiring medical treatment is written notification from the medical professional to the coach as to when the student-athlete may return to the team and under what guidelines.

Pet Free Campus

Please do not bring pets to events at Lyman C. Hunt. This is for the safety of the participants, spectators, and the pet, as well as the cleanliness of our facility at Lyman C. Hunt. Anyone bringing a pet will be asked to take it home or put it in their car.

Hazing

Hazing is a form of HARASSMENT that is a willful act committed against a person or group who may be trying out, or are a member of a Lyman C. Hunt sponsored activity. Hazing may endanger the safety, mental and or physical health of the targeted individual or group. Any individual or group involved in hazing will be handled within the Lyman C. Hunt Harassment Policy.

Communications

The communication of general information concerning the Lyman C. Hunt Co-Curricular programs will be from several venues. A link on the Lyman C Hunt web page will contain current event schedules, access to the various forms related to participation, contact information for the Athletic Director and the coaching staff. A Hunt co-curricular hotline (864-8505) for announcements of last minute game or practice changes is available. This is a message to parent system only and will not accept incoming messages.

Each team will distribute information specific to their program through the coach or assistant. Check with your student athlete for what their teams information is! If you're looking for practice information or contest information specific to that program, contact the coach using the contact information provided on this site. Please do not approach a coach at practice or at the contest with questions concerning playing time, play calling, team strategy or other student- athletes. This is not the appropriate time or place. If your student- athlete has a concern about their experience with the co-curricular activity please encourage them to talk with their coach first. If that isn't a comfortable option for the student then please make an appointment to talk with the coach. Appropriate concerns to talk with the coach about would be the treatment of the child, ways to help the child improve, and the student athletes behavior. If you are not able to contact the coach, contact the Athletic Director to facilitate that communication.

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